

Lithia 5 Day Detox & Cleanse

all~ natural pathway to health & beauty



EASY LITHIA 5-DAY DETOX ~ IT'S JUST TOO EASY!

Each-day drink 16 Fl oz of Lithia Water 30 minutes before breakfast and drink 16 Fl oz of Lithia Water 30 minutes before breakfast dinner for a period of 5-days. Expect to experience the following
1. Decreased Appetite 2. Increased Energy 3. Enhanced Mood 4. Loss of Fat (weight) 5. Improved facial skin and complexion (silica 60mg/L).

Follow this Easy 5-Day Detox and expect your liver to operate at a higher level of detoxification.

Lithia Spring Water supplies ionic sulfates to fuel your liver to a higher level of functionality assisting in the natural phase II liver detox process.

LITHIA SPRING WATER CONTAINS 222MG OF IONIC SULFATES PER LITER

1. Sulfate is essential for many biological processes.
2. Sulfate is needed for formation of proteins in joints; low levels of sulfate are found in plasma and synovial fluid from patients with rheumatoid arthritis.
3. Sulfate is needed to start the cascade of digestive enzymes released from the pancreas. Without proteases, lipases and amylases, food is not digested efficiently.
4. Sulfate is essential in forming the mucin proteins which line the gut walls. These have 2 main functions- they stop the gut contents from 'sticking' and they block transport of toxins from the gut to the bloodstream. Low plasma sulfate has been found in irritable bowel disease patients.
5. Sulfate is necessary for formation of brain tissue. Before birth, the functional units of the brain, 'neurons', are laid down on a scaffolding network of sulfated carbohydrate chains. Reduced sulfation can lead to faulty neuronal connections and later dysfunction.
6. Sulfation is a major pathway in detoxifying drugs and environmental contaminants.
7. Sulfate supplementation is an excellent way to achieve a natural state of detoxification. Natural ionic sulfates (222mg/L) naturally found in Lithia Spring Water is a superior source of sulfate.